

Settle Harriers Code of Conduct for Junior Athletes

This code of conduct should be followed at all times when you are involved in athletics (at training or at races, whether participating or watching)

- Always treat everyone with respect, politeness and fairness - as you would expect to be treated.
- Be organised with your equipment, clothing, any medication you may need, fluids & food etc and arrive in good time.
- Thank those who help you to participate in athletics.
- Inform the club of any other coaching you are receiving.
- Be patient and calm, accept the decisions of the judges, coaches etc - do not argue. If you feel you have been wronged, discuss it, calmly, with a coach or team manager.
- Treat everyone equally, but understand and respect that not everyone is the same.
- Behave sensibly and appropriately. Wear appropriate clothing, do not swear, and listen to advice and instructions carefully.
- Inform a coach if you are unwell or suffering from an injury.
- You are not obliged to answer any questions from officials, coaches etc which are not related to athletics eg about your private and home life.
- Keep a clear boundary between friendship and intimacy with a coach, official or other person that you work with.
- Do not do anything illegal or irresponsible.
- Juniors: use safe transport or travel arrangements and never accept lifts or invitations unless your parent or carer knows and agrees.
- Juniors: if you are leaving the place where you are training or competing, tell a responsible adult why, where and when you will return.
- Juniors: tell your parent or carer and /or the Club Welfare Officer and/or other coach if anything makes you feel concerned or uncomfortable or if you think a fellow athlete has suffered from misconduct. The club Welfare Officers is Jill Eccleston and the Junior Coaches are Jill Eccleston, Carol Evans and Julia Murfin.

Please see overleaf for Code of Conduct for Parents / Carers

Settle Harriers Code of Conduct for Parents/Carers

- Support your child's involvement and help them to enjoy their sport.
- Do not place undue pressure on a child to participate in athletics. Children are involved in athletics for their enjoyment not yours.
- Assume responsibility for safe transportation of your children to and from training events.
- Ensure your child is on time for training and competition.
- Collect your child from training or competition on time. You must inform someone if you are delayed.
- Ensure your child has appropriate clothing, fluids and food for training and competing (including any medication).
- Ensure your child does not take valuable or unnecessary items to training or competition.
- Know where your child will be at all times and who they are with.
- Promote the Athlete Code of Conduct with your child.
- Inform the club of any changes to details notified at time of membership.
- Inform a coach or team manager of any illness or disability that needs to be taken into consideration.
- Help your child to recognise good performances, skill development and good sportsmanship, not just results. Effort is more important than victory.
- Set a good example by recognising fair play and applauding the good performances of all.
- Discourage unfair play, bad behaviour or arguing with coaches, helpers and officials.
- Learn the rules of athletics to better understand what you are watching and commenting on, encourage your child to play within the rules.
- Recognise the value and importance of coaches, helpers, team managers and officials. They are all volunteers and give their time, resources and expertise to help your child to succeed in athletics.