

MONDAY NIGHT SCHEDULE May - Oct 2018

7pm

| Date | Meet | Route | Afterwards | Run leader |
|--------|---|---------------------------------|----------------|------------|
| May 7 | Ingleton Community Centre CP | Waterfalls | Mason's Arms | |
| 14 | Clapham | Long Lane/Nature Trail | New Inn | |
| 21 | Austwick Taster Session - outside Game Cock | Bluebell run | Game Cock | |
| 28 | Layby at top of Kingsdale | Turbary Road | Marton Arms | |
| June 4 | Settle Swimming Pool | Gigg Scars | Hart's Head | Simon |
| 11 | Austwick - outside Game Cock | Feizor/Oxenber | Traddock | |
| 18 | Settle Market Place | Watery Lane/Attermire | Talbot | |
| 25 | Ingleton Community Centre CP | Stepping Stones | Mason's Arms | |
| July 2 | Horton - NP car park | PYG Lane/Whitber Hill or up PYG | Golden Lion | |
| 9 | Settle Taster Session - Market Place | Victoria Cave | Talbot | |
| 16 | Little Stainforth | Feizor/Smearsett | Knight's Table | |
| 23 | Cold Cotes Fell Gate | Ingleborough | New Inn | |
| 30 | Austwick - outside Game Cock | Crummackdale/Bridleways | Game Cock | |
| Aug 6 | Ribblehead | Whernside or shorter route | Station Inn | |
| 13 | Clapham | Norber | New Inn | |
| 20 | Helwith Bridge | Riverbank to Horton | Helwith Bridge | |
| 27 | Austwick Taster Session - outside Game Cock | Feizor/Oxenber | Game Cock | |
| Sept 3 | Settle | Cleatop Wood & reservoir | Lion | |
| 10 | Layby at top of Kingsdale | Tow Scar/Turbary Road | Marton Arms | |
| 17 | Chapel le Dale, car park near church | Bruntskar | Hill Inn | |
| 24 | Austwick - outside Game Cock | Crummackdale/Bridleways | Game Cock | |
| Oct 1 | Settle | Winskill | Talbot | Simon |
| 8 | Clapham | Long Lane/Nature Trail | New Inn | |
| 15 | Horton - NP car park | PYG Lane/Whitber Hill | Helwith Bridge | |
| 22 | Austwick Taster Session - outside Game Cock | Feizor/Wharfe | Game Cock | |
| 29 | Ingleton Community Centre CP | Waterfalls | Mason's Arms | |

Routes may change on night subject to weather conditions.

Please bring suitable clothing/footwear/torch.

Off-road should be FRA kit requirements and the group should stay together.

Lift sharing to be arranged locally as required.