**Settle Harriers Junior Training : Pre-Activity Health Questionnaire (Ver3)**

An England Athletics requirement of clubs/coaches operating training within a Covid-19 secure environment (which allows for group sizes of up to 12 athletes to 1 qualified coach) is that athletes taking part in sessions have undertaken a pre-activity health questionnaire, prior to the sessions.

The following should therefore be completed by athletes (or parent/guardian if athlete is under 18) taking part in organised Settle Harriers training sessions and returned to the junior co-ordinator or group coach.

**Name of athlete: …………………**

**Name of parent/guardian if athlete under 18: ……………………**

**Phone number: ……………………….**

**Backup phone number ……………………………**

**Please sign below to confirm the following**

* **Health**: I confirm that my child has not had any Covid-19 symptoms (see below) or been tested positive for Covid-19 during the last 14 days.
* **Future changes to health:** I confirm, in the event that my child exhibits Covid-19 symptoms in the future and/or have a positive test, I will inform the coach or junior co-ordinator and the child will not attend training sessions within 14 days of the illness/test.
* **If my child tests positive:** I confirm that I will complete the UKA Covid-19 report form-<https://www.uka.org.uk/governance/health-safety/covid-19-form/>
* **Quarantine:** in the event that my child is required to quarantine due to contact/proximity to someone who has been required to quarantine, I confirm that my child will not attend training sessions until the quarantine period ceases.

**I confirm all the above. Signed (athlete or parent/guardian for U18s):  ……………………………………..**

**The main symptoms of coronavirus (COVID-19) are:**

* a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
* a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
* a loss or change to your sense of smell or taste – this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal

**Sharing of information:** Please note that Settle Harriers will not pass on questionnaires unless there is an explicit need to do so e.g. to a Co or Assistant Coach. Contact details may be supplied to NHS Track-and-Trace on request.