

Ingleborough Mountain Race 2023

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	137	Nick	Swinburn	Man	47:19	Northumberland Fell Runners	1st Man
2	73	Nigel	Hockin	Man	49:21	Slaithwaite Striders	2nd Man
3	102	Oli	Murphy	Man	49:35	Ilkley Harriers AC	3rd Man
4	14	Ellis	Bland	Man	49:48	Bowland Fell Runners	
5	31	James	Craig	Man	50:24	Barlick Fell Runners	
6	110	Nicholas	Peat	Man	52:11	Helm Hill Runners	
7	166	Matt	Fretwell	Man	52:47	Settle Harriers	
8	171	David	Mirfield	MV40	53:00	Barnsley AC	1st MV40
9	95	Phil	Mather	Man	53:42	Lonsdale Fell Runners	
10	182	Sam	Harrison	Man	54:16	Bowland Fell Runners	
11	161	Mitchell	Boocock	Man	54:20	Pudsey & Bramley AC	
12	145	Nick	Treilt	MV40	54:33	Barlick Fell Runners	
13	128	Sebastian	Segger-Steveley	Man	54:45	Settle Harriers	
14	20	Mark	Burton	MV40	55:00	Calder Valley Fell Runners	
15	65	Marc	Hartley	Man	55:02	Blackburn Harriers & AC	
16	86	Doug	Love	MV40	55:11	Bowland Fell Runners	
17	28	Philip	Chritchlow	MV50	55:26	Beaumont RC	1st MV50
18	159	Adam	Yorwerth	Man	55:34	St Albans Striders	
19	47	Sam	Ferguson	Man	55:36	Bowland Fell Runners	
20	52	Craig	Gath	MV40	55:47	Easingwold Running Club	
21	82	Chris	Kay	Man	55:49	Todmorden Harriers	
22	100	Joe	Moore	Man	55:51	Bowland Fell Runners	
23	121	Paul	Reilly	MV40	56:43	Helm Hill Runners	
24	183	Ben	Farrar	Man	58:14	Unattached	
25	156	Rowan	Wood	MV40	58:30	Lonsdale Fell Runners	
26	180	Tom	Gomersall	MV40	58:48	Bingley Harriers & AC	
27	179	Craig	Roberts	MV50	59:42	Kendal AC	
28	56	John	Gill	MV40	59:47	Dallam Running Club	
29	173	Paul	Upton	MV40	1:00:05	Helm Hill Runners	
30	33	Robert	Cranham	MV40	1:00:11	Barlick Fell Runners	
31	126	David	Ryder	MV40	1:00:22	FRA	
32	84	Mark	Lamb	MV40	1:01:08	Mornington Chasers	
33	109	David	Pease	MV40	1:01:16	Barlick Fell Runners	
34	23	Tom	Bysouth	MV40	1:01:30	Abbey Runners	
35	89	Adam	Malloy	MV40	1:01:43	Northumberland Fell Runners	
36	83	George	Kettlewell	Man	1:02:09	Calder Valley Fell Runners	
37	167	Norman	Hayhurst	MV60	1:02:56	Bowland Fell Runners	1st MV60
38	158	Steve	Worthington	Man	1:03:56	Hyde Park Harriers	
39	115	Rachel	Pilling	LV40	1:04:00	Pudsey & Bramley AC	1st Lady/1st LV40
40	116	Guy	Platon	MV40	1:04:25	Skipton AC	
41	53	Richard	George	Man	1:04:31	Baildon Runners	
42	88	Stewart	Macdonald	MV50	1:04:34	Bingley Harriers & AC	
43	164	David	Borland	Man	1:04:50	Finch Coasters	
44	176	John	Murfin	MV50	1:04:54	Settle Harriers	
45	94	Ellie	Mather	Lady	1:04:57	Lonsdale Fell Runners	2nd Lady
46	107	Luke	Paget	Man	1:05:17	Bowland Fell Runners	
47	114	Graham	Pilling	MV40	1:05:25	Pudsey & Bramley AC	
48	144	Dave	Town	Man	1:05:25	Bingley Harriers & AC	
49	162	Neil	Holding	MV60	1:05:30	Horwich R M I Harriers	
50	101	Kenneth	Murphy	MV50	1:05:32	Lonsdale Fell Runners	
51	132	Andrew	Smith	MV50	1:05:39	Barlick Fell Runners	
52	5	Andy	Archer	Man	1:05:47	Bowland Fell Runners	
53	19	Hannah	Burkhardt	Lady	1:06:06	St Albans Striders	3rd Lady
54	130	Hannah	Siler	Lady	1:06:16	Unattached	
55	131	Phil	Slingsby	MV50	1:06:16	DrongO	
56	59	Simon	Gora	MV40	1:06:37	Garstang RC	
57	9	Sam	Ballantyne	Man	1:06:58	Prestwich AC (Unaffiliated)	
58	2	Hayden	Adams	MV40	1:07:01	Harrogate Harriers & AC	
59	37	James	Dexter	Man	1:07:16	Unattached	
60	6	Barry	Atkinson	MV60	1:07:17	York Knivesmire Harriers	
61	118	Colin	Price	MV40	1:07:19	Totley AC	
62	79	Emma	Johnston	Lady	1:07:22	Helm Hill Runners	
63	138	Paul	Targett	MV50	1:07:45	Holcombe Harriers	
64	185	Sean	Robins	MV40	1:07:54	Howgill Harriers	
65	103	Craig	Neville	MV50	1:08:00	Unattached	
66	66	Robert	Hawksworth	MV40	1:08:06	Unattached	
67	55	Rob	Gibson	Man	1:08:26	Unattached	
68	108	Damien	Pearson	MV40	1:08:26	Stainland Lions Running Club	
69	174	Paul	Lynan	MV60	1:08:33	Lonsdale Fell Runners	
70	32	Laura	Craig	Lady	1:08:36	Barlick Fell Runners	
71	67	Amir	Hidayeti	MV40	1:08:51	Unattached	
72	11	Paul	Bayley	MV40	1:08:52	Tring RC	
73	106	Rhiannon	Page	LV40	1:08:52	Lonsdale Fell Runners	
74	96	Pat	Mclver	MV50	1:09:03	Howgill Harriers	
75	41	Steve	Ellmore	MV50	1:09:09	Knarborough Striders	
76	16	John	Boothman	MV60	1:09:23	Barlick Fell Runners	
77	112	Craig	Perkins	MV50	1:10:14	Bentham Beagles Running Club	
78	36	Chris	Dewhirst	MV40	1:10:17	Todmorden Harriers	
79	62	Randolph	Haggerty	MV50	1:10:17	Kirkstall Harriers	
80	60	James	Grayson	MV40	1:10:20	Unattached	
81	29	Faye	Clark	Lady	1:10:35	Abbey Runners	
82	120	Ian	Race	MV60	1:10:51	Helm Hill Runners	
83	177	David	Mullen	MV60	1:10:57	Abbey Runners	
84	153	Tom	Willox	Man	1:11:32	Helm Hill Runners	
85	119	Ian	Pudge	MV50	1:11:47	Burnden Road Runners	
86	15	Helena	Booth	Lady	1:11:50	Unattached	
87	123	Alexander	Richmond	Man	1:11:52	Unattached	
88	4	Kirsten	Angus	LV40	1:12:01	Settle Harriers	
89	160	Steven	Boocock	MV50	1:12:09	Bramley Breezers	
90	34	Rebecca	Crawshaw	LV40	1:12:20	Bowland Fell Runners	
91	111	James	Pepperell	Man	1:12:22	Unattached	
92	146	Dick	Waddington	MV50	1:12:45	Ilkley Harriers AC	
93	87	Dominic	Lunt	MV40	1:13:21	Unattached	
94	80	Mark	Jordan	MV60	1:13:48	Harrogate Harriers & AC	
95	71	Gayle	Hockin	Lady	1:13:55	Slaithwaite Striders	
96	136	Ben	Swain	MV40	1:13:57	Unattached	
97	148	Neil	Wallace	MV40	1:14:08	Pudsey & Bramley AC	
98	143	Jonathan	Tombs	MV50	1:14:13	Eden Runners	
99	39	Heather	Driver	LV40	1:14:15	Barlick Fell Runners	
100	8	Jess	Bagnall	LV40	1:14:16	Settle Harriers	
101	21	Jayne	Butterworth	LV50	1:14:24	Skipton AC	1st LV50
102	12	Christopher	Beckett	Man	1:14:30	Unattached	
103	40	Peter	Dugdale	MV60	1:14:34	Clayton-le-Moors Harriers	
104	178	Mark	Nutter	MV60	1:14:51	Clayton-le-Moors Harriers	
105	43	Sam	Ernill	Man	1:14:53	Unattached	
106	25	Jo	Cater	LV50	1:15:24	Helm Hill Runners	
107	150	Glenn	Whittaker	MV60	1:15:39	Barlick Fell Runners	
108	184	John-Paul	Davy	MV40	1:16:08	Unattached	
109	105	John	Orrell	MV50	1:16:29	FRA	
110	46	Neil	Fairburn	MV60	1:16:32	Baildon Runners	
111	104	Hannah	Newbold	Lady	1:16:36	Barlick Fell Runners	
112	27	Michael	Childs	MV40	1:16:39	Lonsdale Fell Runners	
113	75	Daisy	Hollister	Lady	1:17:20	Helm Hill Runners	
114	81	Dinesh	Kaulgud	MV50	1:17:20	Valley Striders AC	
115	51	Aron	Fulton	Man	1:17:22	Airecentre Pacers RC	
116	163	Nelson	Pearson	Man	1:17:27	Unattached	
117	117	Kirsty	Pomfrett	Lady	1:17:29	Otley AC	
118	181	Steph	Dwyer	Lady	1:17:53	Settle Harriers	
119	24	Russell	Cannon	MV60	1:18:01	Helm Hill Runners	
120	186	Nick	Kitching	MV50	1:18:16	Unattached	
121	76	Stephen	Houghton	MV50	1:18:17	Unattached	
122	64	Tony	Hart	MV50	1:19:13	Liverpool Running Bugs	
123	165	Christine	Borland	Lady	1:19:18	Unattached	
124	42	Andrew	Ernill	MV50	1:19:19	Unattached	
125	45	Beth	Evans	Lady	1:20:06	Settle Harriers	
126	172	Adam	Younghusband	Man	1:20:10	Unattached	
127	26	Mark	Charnley	MV50	1:20:21	Settle Harriers	
128	3	Liz	Adams	LV40	1:20:44	Valley Striders AC	
129	13	Mike	Benson	MV60	1:20:51	Settle Harriers	
130	175	Julia	Murfin	LV50	1:22:50	Settle Harriers	
131	140	Tamsin	Threlfall	LV40	1:23:11	Unattached	
132	133	Catherine	Speakman	LV40	1:23:19	Settle Harriers	
133	77	Lisa	Ingham	LV50	1:23:24	Blackburn Road Runners	
134	134	Jake	Stapleton	MV50	1:23:30	Unattached	
135	141	Danielle	Tiffany	LV40	1:24:13	Unattached	
136	49	Jim	Fisher	MV60	1:24:22	Howgill Harriers	
137	93	Keith	Masser	MV60	1:25:02	Helm Hill Runners	
138	169	Jonathan	Proctor	MV40	1:25:16	Unattached	
139	57	Lara	Gilman	LV40	1:25:51	Mornington Chasers	
140	168	Kevin	Brown	MV60	1:26:40	Unattached	
141	44	Andy	Evans	MV60	1:28:27	Settle Harriers	
142	170	Lousie	Nabarro	LV40	1:29:08	Unattached	
143	63	Sally	Hart	LV50	1:29:08	Unattached	
144	72	Jeremy	Hockin	MV60	1:31:17	Unattached	
145	69	Amy	Hockin	Lady	1:31:18	Slaithwaite Striders	
146	70	Chris	Hockin	Man	1:31:19	Unattached	
147	155	Richard	Wilson	MV70	1:32:45	FRA	1st MV70
148	127	Graham	Schofield	MV70	1:33:04	Chorley Athletic and Triathlon Club	
149	122	Leann	Rennie	LV40	1:33:18	Unattached	
150	97	Catherine	Mercer	LV50	1:34:10	Unattached	
151	18	Donald	Buffham	MV60	1:35:08	Otley AC	
152	139	Mike	Teale	MV60	1:37:47	Skipton AC	
153	124	Rosemary	Roberts	LV60	1:49:19	City of Lancaster Triathlon	1st LV60